

The Islamic Community of Greater Killeen
Imam's Office

Prepare for the Powerful Ramadan. 1445/2024





Plan	
Counseling	
Work out	Physically
Body	
Early Training	

Quran	
Fiqh	
Nyyah	Scientifically
Nullifiers	
Productively	
Learn	



Quranan	
Prayers	
Dua	Spirituality
Zikr	
Majid	
Khylwah	

Home	
Family	
Work	Socially
Decoration	
Kinship	
Friends	



Al-Fitr	
Sadaqat	Zakah
Wealth	

يَا أَيُّهَا الَّذِينَ آمَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا كُتِبَ عَلَى الَّذِينَ مِن قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ

O you who have believed, prescribed upon you is fasting as it was prescribed upon those before you that you may become righteous

عن أبي هريرة رضي الله عنه قال: قال رسول الله صلى الله عليه وسلم: «أتاكم رمضان شهر مبارك فرض الله عز وجل عليكم صيامه تفتح فيه أبواب السماء وتغلق فيه أبواب الجحيم وتغل فيه مردة الشياطين لله فيه ليلة خير من ألف شهر من حرم خيرها فقد حرم» (رواه النسائي وصححه الألباني).

It was narrated that Abu Hurairah said: "The Messenger of Allah said: 'There has come to you Ramadan, a blessed month, which Allah, the Mighty and Sublime, has enjoined you to fast. In it the gates of heavens are opened, and the gates of Hell are closed, and every devil is chained up. In it Allah has a night which is better than a thousand months; whoever is deprived of its goodness is indeed deprived.'"¹

عن أبي هريرة رضي الله عنه أن رسول الله صلى الله عليه وسلم كان يقول: «الصلوات الخمس والجمعة إلى الجمعة ورمضان إلى رمضان مكفرات ما بينهن إذا اجتنبت الكبائر» (رواه البخاري ومسلم).

Abu Hurairah (May Allah be pleased with him) reported: The Prophet (ﷺ) said, "The five daily (prescribed) Salat, and Friday (prayer) to the next Friday (prayer), and the fasting of Ramadan to the next Ramadan, is expiation of the sins committed in between them, so long as major sins are avoided."

عن أبي هريرة رضي الله عنه أن رسول الله صلى الله عليه وسلم قال: «من صام رمضان إيمانًا واحتسابًا غفر له ما تقدم من ذنبه، ومن قام ليلة القدر إيمانًا واحتسابًا غفر له ما تقدم من ذنبه» (مسلم)

Abu Huraira reported Allah's Messenger (ﷺ) as saying: He who observed the fasts of Ramadan with faith and seeking reward (from Allah), all his previous sins would be forgiven, and he who observed prayer on Lailat-ul- Qadr with faith and seeking reward (from Allah), all his previous sins would be forgiven.²

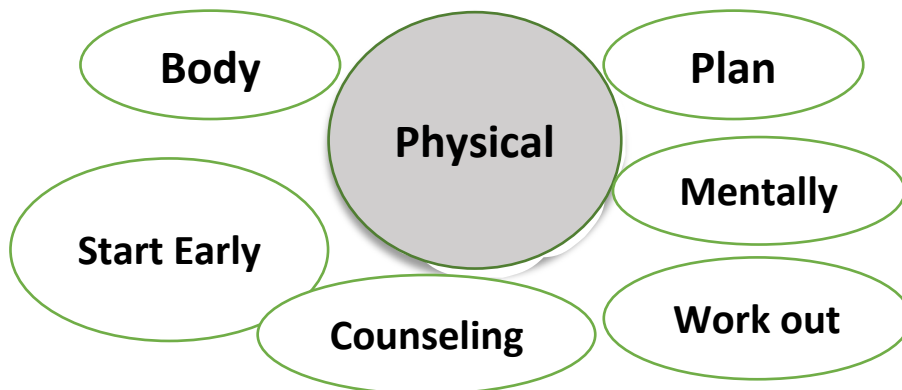
¹ Sunan an-Nasa'i 2106

² Sahih Muslim 760

Ramadan preparation

Ramadan a great opportunity for change and obtain high ranks in Jannah, but **Unfortunately**, some Muslims misunderstand the key and the true nature of fasting, and they deal with Ramadan as cultural season, they make it a chance for practicing festival of folklore and occasion for eating and drinking, making special sweets and staying up late at night and watching shows on satellite TV.

Ramadan is tremendous chance for Tawbah(repentance) forgiveness, pardoning and open new page with Almighty and change our negative habits to be positives.



To have a successful project, we should plan, same for our serving Allah the Almighty, before Hajj, before Ramadan, before Umrah ...etc. we should have plan with vision and mission to gain the blessing of Ramadan which is Taqwah (pity) to have pardoning and free from hellfire. We should start early applying for our plan, since Rajab or Shabaan- by **Fasting Sunnah** (Monday and Thursday or one of them accordance) fasting mid-three day of Islamic month. It's early physical preparation. It is an early training for Ramadan change.

Prepare Yourself Mentally

Along with giving your body the right dosage before the month of Ramadan begins, it is equally important to prepare yourself mentally as well. The four main motives of practicing Ramadan are fasting, praying, reading Quran, and giving in charity. Bring into practice these four aspects a couple of weeks before the Ramadan begins. This will help you develop a habit, and you won't feel a major change in routine suddenly.

Consult your family clinic.

If you are unsure whether your body will be able to fast the month of Ramadan continuously, so go and checkup your body health then take the result to your Imam to Fatwa for solution.

Regulate Your Sleep Cycle

If you are into the habit of sleeping late and waking up early, then one of the best health tips is to regulate the sleep cycle by modifying it according to Ramadan. In fact, getting into the habit of an afternoon nap can work great as well.

Start getting up early.

One of the most important rituals activities in Ramadan is Suhur - the pre-dawn meal, because your body will not be provided by nutrition throughout the day, it is important to have Suhur.

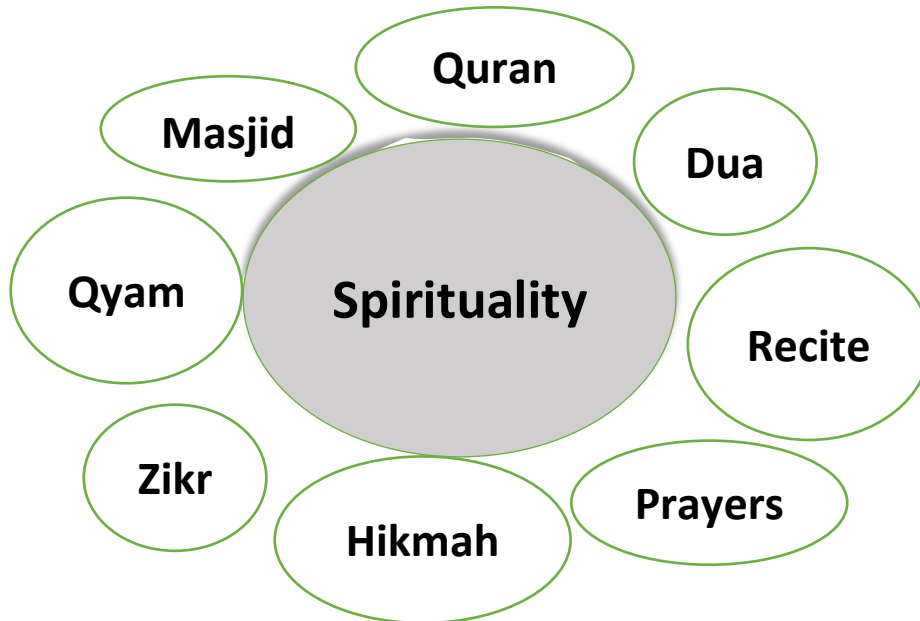
So, acclimatize your body by having the habit of getting up early and having breakfast early in the morning.

Stay hydrated.

Try drinking fluid several times throughout the night, even if you aren't feeling too thirsty. Thirst is a signal that your body is ALREADY dehydrated.

Choose fluids that don't contain caffeine because caffeinated drinks can be dehydrating.

Be balanced between food, water, and breath as our beloved the Prophet PBUH advised to make your belly 1/3 food, 1/3 drink and 1/3 breathe to avoid overboard.



1. Upgrade our Nyyah & make it for the sake of Allah the Almighty.

“ إِنْ يَعْلَمَ اللَّهُ فِي قُلُوبِكُمْ خَيْرًا يُؤْتِكُمْ خَيْرًا³”

If Allah watches goodness in your hearts, He will give you better than what in your hearts.

قال صلى الله عليه وسلم (إِنَّمَا الْأَعْمَالُ بِالنِّيَّةِ وَإِنَّمَا لِامْرِئٍ مَّا نَوَى)

"Actions are but by intentions, and each person will have but that which he intended.

2. **Tawbah(sincere Repentance):** at the beginning for every worshiping , we should have Tawbah from our sins (major and minor) , from our laziness , from our fake hopes, hasten to repent from sins between you and your Lord, and between you and people by paying back people's rights, so when Ramadan begins you may busy yourself with acts of worship with a clean heart and peace of mind. **(Focusing on worshiping)**

Allah says:

وَتُوبُوا إِلَى اللَّهِ جَمِيعًا أَيُّهَ الْمُؤْمِنُونَ لَعَلَّكُمْ تُفْلِحُونَ⁴

“And all of you beg Allah to forgive you all, O believers, that you may be successful.”

3 Anfal 70

4 al-Nur 24:31

عن الأغر بن يسار المزني رضي الله عنه قال: قال رسول الله ﷺ " يا أيها الناس توبوا إلى الله واستغفروه فإنني أتوب في اليوم مائة مرة"⁵ ((رواه مسلم)).

Al-Agharr ibn Yasar (may Allah be pleased with him) narrated that the Prophet (ﷺ) said: "O people, repent to Allah for I repent to Him one hundred times each day."

Forgive other who hurt you to free your heart from thinking about people to think about Allah alone.

3. **Humbleness:** one of the most important lessons from worshiping Allah is to humble yourself before Allah and before people, Rasulallah (ﷺ) said:

عَنْ أَبِي هُرَيْرَةَ رَضِيَ اللَّهُ عَنْهُ قَالَ: قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ: «مَا نَقَصَتْ صَدَقَةٌ مِنْ مَالٍ شَيْئًا وَمَا زَادَ اللَّهُ عَبْدًا بِعَفْوٍ إِلَّا عِزًّا وَمَا تَوَاضَعَ أَحَدٌ لِلَّهِ إِلَّا رَفَعَهُ اللَّهُ». رَوَاهُ مُسْلِمٌ

Abu Huraira reported that Rasulallah (ﷺ) said "Sadaqa does not reduce property; Allah increases the honor of him who forgives another; and no one will **humble himself** for the sake of Allah, except Allah elevates him ranks."⁶

Say to yourself, all people is better than me in worshiping Allah, all of them serve better, also, remember that when we worship Allah, it's only by Allah's help and support.

4. **Don't involve in gossip or backbite** by talking or listening, all that change the heart and make it not qualified for the blessing of Ramadan.

5. **The environment:** put yourself and your family in sound environment as it's a great factor helping for Ramadan, the best environment is the Masjid.

6. **Du'a (supplication)**

- Some of the salaf (righteous successors) used to pray to Allah for six months that they would live until Ramadan, then they would pray for five months afterwards that He would accept it from them.
- The Muslim should ask his Lord to let him live until Ramadan with a strong religious commitment and good physical health, and he should ask Him to help him obey Him during the month and ask Him to accept his good deeds from him.
- Prepare and memorize fasting and Ramadan Dua.

Zikr (remembrance of Allah) : keep Allah on your lips and heart, zikr is remedy and healing, Allah says :

(الَّذِينَ آمَنُوا وَتَطْمَئِنُّ قُلُوبُهُمْ بِذِكْرِ اللَّهِ أَلَا بِذِكْرِ اللَّهِ تَطْمَئِنُّ الْقُلُوبُ)⁷

Those who have believed and whose hearts are assured by the remembrance of Allah.

Unquestionably, by the remembrance of Allah hearts are assured."

Among the most blessing forms of zikr:

سبحان الله، والحمد لله، ولا إله إلا الله، والله أكبر

⁵ Muslim 2702

⁶ Muslim 116

⁷ Ara'ad 28

Subhan-Allah (Allah is free from imperfection), Al-hamdu lillah (all praise is due to Allah), La ilaha illallah (there is no true god except Allah) and Allahu Akbar (Allah is the Greatest)

Learning Hikmah(wisdom): the reason beyond fasting of Ramadan.

لَعَلَّكُمْ تَتَّقُونَ righteous you may become

Feeling others -self-control - Discipline.

Qiyam: Start praying at night (Qiyam, Tahajjud & Privacy)

عن أبي أمامه الباهلي رضي الله عنه قال: سمعت رسول الله ﷺ يقول: (اقرءوا القرآن فإنه يأتي يوم القيامة شفيعاً لأصحابه) Abdullah ibn 'Amr (may Allah be pleased with him) that the Messenger of Allah (ﷺ) said: "Fasting and the Qur'an will intercede for a person on the Day of Resurrection. Fasting will say: O Lord, I kept him from his food and desires during the day; let me intercede for him. And the Qur'an will say: I kept him from sleeping during the night; let me intercede for him. And they will be allowed to intercede."⁸

Recite and/or listen to Quran.

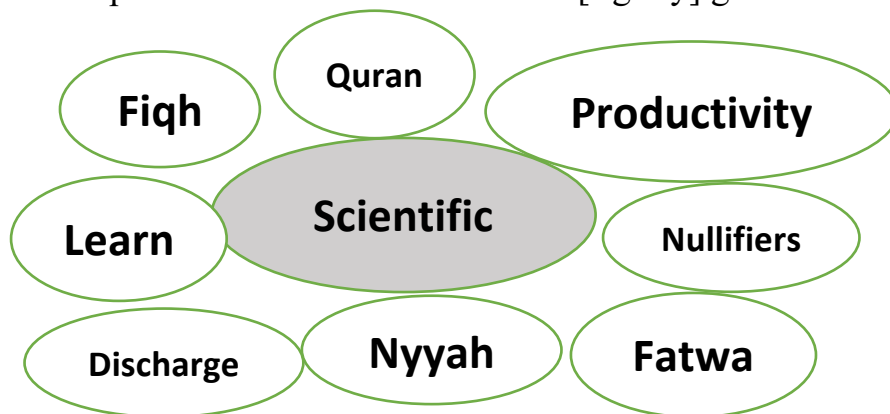
Reading Quran in Ramadan has especial tasting, if you can finish entire Quran with understating, it will be great blessing.

عن ابن مسعود رضي الله عنه قال: قال رسول الله صلى الله عليه وسلم: "من قرأ حرفاً من كتاب الله فله حسنة، والحسنة بعشر أمثالها لا أقول: ألم حرف، ولكن ألف حرف، ولام حرف، وميم حرف" ((راوه الترمذي وقال: حديث حسن صحيح)). Ibn Mas'ud (May Allah be pleased with him) reported: The Messenger of Allah (ﷺ) said, "Whoever recites a letter from the Book of Allah, he will be credited with a good deed, and a good deed gets a ten-fold reward. I do not say that Alif-Lam-Mim is one letter, but Alif is a letter, Lam is a letter and Mim is a letter." [At- Tirmidhi].

Hadith: learn about Hadith(speech) of Rasulullah(ﷺ) especially for fasting and Ramadan.

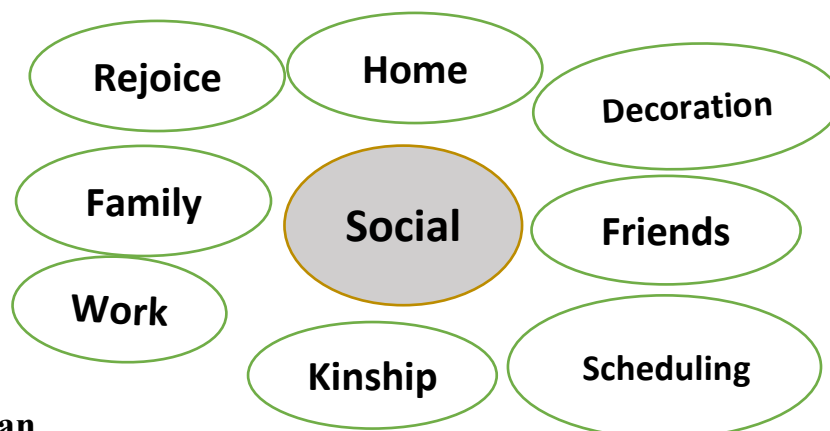
4- Involving more in Masjid activities.

إِنَّمَا يَعْمُرُ مَسَاجِدَ اللَّهِ مَنْ آمَنَ بِاللَّهِ وَالْيَوْمِ الْآخِرِ وَأَقَامَ الصَّلَاةَ وَآتَى الزَّكَاةَ وَلَمْ يَخْشَ إِلَّا اللَّهَ فَعَسَىٰ أُولَٰئِكَ أَنْ يَكُونُوا مِنَ الْمُهْتَدِينَ
Indeed, those who are activating the mosques (by prayers, Zikr, classes...etc) they are the true believers who believe in Allah and the Last Day and establish prayer and give zakah and do not fear except Allah, for it is expected that those will be of the [rightly] guided.



⁸ Saheeh al-Jaami', 7329

Scientific preparing: we should learn many about how to handle powerful Ramadan scientifically, learn Fiqh (jurisprudence/Roles) of Fasting, and etiquettes of Ramadan, what invalidate fasting, how to establish Nyyah of fasting, as our beloved Prophet Muhammad PBUH said “Actions are but by intentions, and each person will have but that which he intended”, what nullify my fasting, what is not, when to start when to end, ruling of Qiyam, ruling of physical relation between spouses in Ramadan, how to get correct Fatwa(religious opinion), learn why we fast, voluntary fasting, learn money Zakah and fasting Zakah, learn excuses or exempts in Ramadan, learn how to discharge the days of previous Ramadan, understand the virtues of Ramadan, add new Zikretc.



Family in Ramadan

It's a unique month, all family members waiting for it, so receive with rejoicing,

Allah says:

قُلْ بِفَضْلِ اللَّهِ وَبِرَحْمَتِهِ فَبِذَلِكَ فَلْيَفْرَحُوا هُوَ خَيْرٌ مِمَّا يَجْمَعُونَ

“Say: ‘In the Bounty of Allah, and in His Mercy, therein let them rejoice.’ That is better than what accumulate of wealth.” [Yunus 10:58]

tell your non-Muslim family members, friends, and co-workers about Ramadan to let them help you and be happy with you.

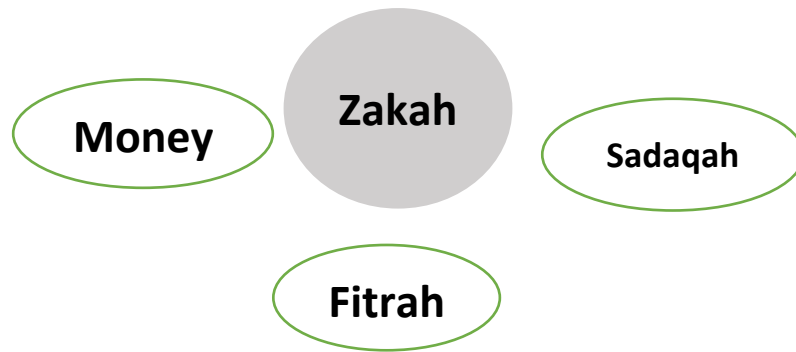
Kinship: keep in touch with your family members, Muslims, and Non-Muslims, it's a time to earn kinship credits.

Home: decorate your home by Ramadan decoration and teach your kids about that, also, make home Islamic environment specially in Ramadan.

Work: tell you supervisor about your situation in Ramadan and you can take a litter from the Masjid as evidence.

Friends: tell them about Ramadan to help and support you as it's a chance for Dawah.

Reschedule: try to reschedule your day activities and make good room in your schedule for worshipping.



Money Zakah: it's an obligation on wealth and income, this is annually after all expenses (housing, education, medication, transportation.....etc.) still save \$ 5700 and up, we should pay %2.5 = each 1000 pay \$25 zakah.

Fitrah (Zakatu Alfitr): it's concerning fasting in Ramadan, it's \$ 20 per person in the family. = family 8 members – pay %160.

Sadaqah(charity): it's voluntary giving for the sake of Allah, it could be money, knowledge, food, water, helpingetc.

Don't forget ICGK from your Sadaqah

Also, don't forget our Ummah in Palestine from Zakah.

May Allah keep you all safe

Dr. Ihab Al-Faidy

Imam, ICGK