

The Islamic Community of Greater Killeen

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

"شَهْرُ رَمَضَانَ الَّذِي أُنزِلَ فِيهِ الْقُرْآنُ هُدًى لِّلنَّاسِ وَبَيِّنَاتٍ مِّنَ الْهُدَىٰ وَالْفُرْقَانِ" البقرة 185

"The month of Ramadan in which was revealed the Qur'an, a guidance for the people and clear proofs of guidance and criterion" Quran (2-185)



Ramadan & Eid Planner

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Index

1. Preface	3
2. Pre-Ramadan.....	3
3. Collect reward from First Night of Ramadan	4
4. Intention (niyyah) in Islam has immense importance.....	4
5. Reward of Ramadan.....	5
6. Do what Allah loves.....	5
7. Avoid.....	5
8. Increase spirituality.....	6
9. Du'a (supplications) of Ramadan.....	7
10. My target.....	8
11. Daily and Monthly Planning.....	8
12. Lailatu Al-Qadr plan.....	8
13. The Plan for the Last Night of Ramadan.....	11
14. Suggested Schedule.....	13
15. Eid plan	14
16. Shawal.....	15

Preface

It's great to have great goals for Ramadan, but in order to achieve these goals; the Muslim must be able to deal with the challenges of Ramadan. These challenges include decreasing energy levels (from a combination of lack of food and sleep), decreased enthusiasm in the middle of the month, and the struggle to maintain your other commitments (work, school, kids, etc.) while increasing the time commitment of your worship. Our beloved Prophet ﷺ said: "He who observes fasting during the month of Ramadan with faith while seeking its reward from Allah, will have his past sins forgiven." [Bukhari].

During these 30 continuous days of rahmah (mercy) and maghfirah (forgiveness) we have the privilege of being heard by Allah ﷻ at any moment during the day or night, and to be given whatever we ask for.

Pre-Ramadan

Ramadan is limited time and we should prepare in advance to earn our ultimate goals in Ramadan which is Taqwa, to achieve that we should prepare ourselves, mentally, physically and spiritually, reorganize your day and stay most of your time in worshipping, put goals, equip yourself, calculate your zakah and saddaqah, do shopping and buy your needs early.



Collect reward since first Night of Ramadan

- 1. Try to look for the new moon with the family**, make the little ones busy with this, and say this Dua *"O Allah, let this moon (month) pass over us with blessings, Iman, safety, and in the belief of Islam. Grant us the ability to act on the actions that You love and Pleases You. (O moon) My Lord and Your Lord is Allah"*.
- 2. Send greetings** to family members and friends.
For a non-Muslim community, try to explain the significance of Ramadan to your neighbours. It is important to explain to them that Ramadan is more than just abstaining from eating and drinking.
- 3. Share the joy of Ramadan with your children**, they should feel that the coming of Ramadan is a special event to celebrate even if they do not fast it yet. Involve them in decorating the house, making lamps using craft work..... etc.
- 4. Do not miss Tarawih:** Many people miss the first Tarawih for different reasons. Some say the first day of Ramadan starts after midnight, so they don't attend the prayer, or between the joy and many phone calls, they get exhausted and nod off and some may just forget it!
- 5. Keep niyyah:** The Prophet ﷺ said: (The value of) an action depends on the intention behind it. A man will be rewarded only for what he intended. [Bukhari].



Intention (niyyah) in Islam has immense importance.

During the first night of Ramadan, make a lot of good intentions which Allah ﷻ will help you to fulfill. **Examples:**

- Fasting for the sake of Allah.
- To have a productive month.
- To attain inner peace.

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- To forgive friends/ family members who have wronged you.
- To attend the night of Qadr and get its reward.
- To have new / different character at the end of Ramadan.

Earn Reward of Ramadan

قال الله تعالى "فَاسْتَبِقُوا الْحَيْرَاتِ"

'Race towards all that is good.' [Surah al-Baqarah: 148]

Do what Allah loves

- Patience - Integrity – Trustworthiness - Open-heartedness – Humility - Speak well about people
- Forgive people – Generosity - Encourage & motivate to goodness - Give charity
- Greet others with Salaam - Gentleness – Smile - Take care of personal hygiene
- Give importance to others - Show mercy - Give good advice - Make Du'a for others.
- Accept your mistakes- Do Istighfaar - Help others - Take care of your parents.
- Be cooperative - Use time wisely - Care about the environment.
- Fulfill your duties - Make Du'a - Recite the Qur'an - Offer your Salah on time
- Say the morning & evening supplications - Feed others - Busy your tongue in the
- Remembrance of Allah every opportunity you get!



Avoid wrath of Allah

الله تعالى قال " وَأَنَّهُ عَنِ الْمُنْكَرِ "

'And forbid what is wrong.' [Surah Luqman: 17]

1. Lying – Cheating – Deception - Jealousy - Arrogance - False accusations
2. Bad suppositions - Backbiting – Slander - Harboring grudges - Greed
3. Selfishness - Mocking and taunting – Screaming and shouting - Theft.

Du'a (supplications) of Ramadan

1. Dua when we see the Crescent of Ramadan

اللَّهُمَّ أَهْلُهُ عَلَيْنَا بِالْأَمْنِ وَالْإِيمَانِ، وَالسَّلَامَةِ وَالْإِسْلَامِ، وَالتَّوْفِيقِ لِمَا تُحِبُّ وَتَرْضَى، رَبُّي وَرَبُّكَ اللَّهُ.

Translation: Allah is the greatest. O Allah let the crescent loom above us in safety, faith, peace, and Islam, and in agreement with all that You love and pleases You. my Lord and your Lord is Allah.

Transliteration: Allahu Akbar, Allaahumma ahillahu 'alaina bil-amni wal-imaani, was-salaamati wal-Isaami, wat-tawfeeqi limaa tuhibbu wa tardhaa, Rabbunaa wa Rabbukallaahu.(At Tirmidhi)

2- Du'a for niyyah of fasting.

نَوَيْتُ صَوْمَ غَدٍ عَنْ أَدَاءِ فَرَضِ شَهْرِ رَمَضَانَ هَذِهِ السَّنَةِ لِلَّهِ تَعَالَى

Translation: I intend to do obligatory fast tomorrow in the month of Ramadan this year, for the sake of Allah)

Transliteration: Nawaitu sauma ghadin an'adai fardu syahri ramadhana hadzihissanati lillahita'ala

3- When breaking the fast – Iftar

اللَّهُمَّ إِنِّي لَكَ صُمْتُ وَبِكَ آمَنْتُ [وَعَلَيْكَ تَوَكَّلْتُ] وَعَلَى رِزْقِكَ أَفْطَرْتُ

Translation: O Allah! I fasted for You and I believe in You [and I put my trust in You] and I break my fast with Your sustenance.

Transliteration:

Allahumma Inni laka sumtu wa bika amantu [wa alayka tawakkalto] wa 'ala rizqika aftartu [Abu Dawud]

ذَهَبَ الظَّمَأُ، وَابْتَلَّتِ العُرُوقُ، وَنَبَّتِ الأَجْرُ إِن شَاءَ اللهُ

Translation: The thirst has gone and the veins are moist, and reward is assured, if Allah wills. Abu Dawud



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Transliteration: dhahab-az-zama'u, wabtallat-il-'urooqu, wa thabat-al-ajru in shaa' allaah –

اللهم إني أسألك برحمتك التي وسعت كل شيء أن تغفر لي

Translation: O Allah, I ask You by Your mercy which envelops all things, that You forgive me. (Ibn Majah)

Transliteration: Allahumma inni as aluka birahmatika allati wasi'at kullu syaiin an aghfirali

4- Dua for Laila tul Qadr

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Translation:

O Allah You are The One Who pardons greatly, and loves to pardon, so pardon me.

Transliteration:

Allahumma innaka 'affuwwun tuhibbul 'afwa fa'fu 'anni.(Tirmidhi and Ibn Majah)

My Targets

'And let every soul look to what it has put forth for tomorrow'. [Surah al Hashr: 18]

Taqwa / Prayers on time / Saddaqa / Qyyam (Taraweeh - Tahajud) Zakah .

The plan for those through.....

Daily and Monthly Planning

Daily Planning

To make the most use of this blessed month, we should not pile tasks on our schedule and wait till the appropriate minute to fulfill it! Instead, we should allocate a time for each goal.

In Ramadan, there are blessed moments that we should not miss by focusing on other tasks.

For example, you cannot visit people during Tarawih, or watch a religious program right after Fajr when you are supposed to do Dhikr and read the Qur'an!

Try to divide your day into at least 6 parts:

1. **The morning:** Tahajjud (4:00am), Suhoor (4:45 am), Fajr (5:20 am in masjid), after Fajr reciting Quran, Istighfar (at least 100)

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- Work:** Remember fasting is not an excuse to be inefficient at work; neither does it justify being ill tempered because you miss your coffee or cigarette! Focus on Dhikr (subhana Allah, Al-hamdullah, Allahu Akbar, La illaha illa Allah Muhammad Rasullah Allah.....etc.) especially while waiting in traffic, while driving to and from work etc.
- From Asr to Maghrib:** 60 minute nap, family time, discussion, reciting Qur'an, watch an educational program, narrating the prophets' stories, prepare Iftar, any other task you planned etc.
- Breaking fast:** hastening to break fast is from Sunnah and delay Suhoor as well, do NOT eat so much when breaking the fast that you become lazy in Tarawih prayers.
- Isha/ Tarawih:** come early to join Imam with Takbeer Al-ehran (first Takbeer) and complete to the end your prayer with the Imam as Rasullah (PBUH) said "Whoever prays with the Imam until he finishes, Allah will record for him as if he spent the whole night in prayer" (al-Tirmidhi)
- Night:** This time depends on when you complete the Tarawih prayers. (Family time, completing other tasks, Qiyam)
- Keep each:** Salah as a time interval between tasks, so you can pray at the masjid if possible.
- Intention:** for i'tikaaf (to stay in the masjid for a particular time period in the worship of Allah ﷻ while maintaining certain conditions)





Monthly Planning

- Divide the month into three parts where each part consists of 10 days, to earn more knowledge in your religion.
- Set the goals you want to accomplish in each of the 10 days. Write them in a separate column. You could study Tafseer (exegesis) in the first 10 days; Hadith (forty hadith of Imam Al-nawawy) the following 10 days, Seerah (prophetic biography) and focus in Du'a and Dhikr in the last ten days, you can adjust according your desire.
- Start dividing these tasks and goals. If your lifestyle is organized with minimal surprises, you can plan these 10 days in advance. If not, try and make a draft for 2 days. Making a draft makes you

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feel less guilty if something unexpected happens. This does not mean you get out of your actual task but, you might need to double the effort for the next 2 days. Place an X on completed tasks, to give you a sense of accomplishment!

4. For the last 10 days of Ramadan, try to intensify all kinds of Ibadat, especially the prayers of the night. You can pray to recover some prayers you may have missed before.
5. **Recite entire Qur'an.** In case you can NOT read, listen to it and read the translation of juz' by juz', as Aishah  reported: I asked: "O Messenger of Allah! If I realize Lailat-ul-Qadr (Night of Decree), what should I supplicate in it?" He  replied, "You should supplicate: Allahumma innaka 'afuwwun, tuhibbul-'afwa, fa'fu 'anni (O Allah, You are Most Forgiving, and You love forgiveness; so forgive me)." [At-Tirmidhi]
6. **Plan** to fast 6 days after Ramadan during Shawal as Rasullah PBUH said whoever fast Ramadan and follow it with six day from Shawal , as if he/she fast whole the year" Ramadan 30×6 of Shawal = $36 \times 10 = 360$ (one year)

Special plan for Lailatu-Alqadr

Allah says: (1) Indeed, We sent the Qur'an down during the Night of Decree. (2) And what can make you know what is the Night of Decree?(3) The Night of Decree is better than a thousand months. (4) The angels and the Spirit descend therein by permission of their Lord for every matter. (5) Peace it is until the emergence of dawn. (Quran)

The prophet PBUH said "If anyone prays in the night of the power (lailat al-qadr) because of faith and in order to seek his reward from Allah his previous sins will be forgiven for him" Abu Dawod.

Attend all prayers in congregation, stay in the masjid entire the night, keep supplicate Allah, insist saying this dua; Allahumma innaka 'afuwwun, tuhibbul-'afwa, fa'fu 'anni (O Allah, You are Most Forgiving, and You love forgiveness; so forgive me)."

The Plan for the Last Night of Ramadan

After all the effort of planning, helping others, praying, fasting and keeping good intentions, we will reach the last night of Ramadan desiring the great reward of being saved from the fire and accepted in

Ramadan Planner 1445/2024

heaven. It is important to trust Allah ﷻ that He will accept your hard work. On the night of Eid, the joy is not only because we are not supposed to fast the next day! It is also because we are labeled as heaven's future inhabitants, Insha Allah!

Tips for the End of Ramadan:

1. Make du'a that Allah accepts all of your efforts done in Ramadan, and that He supports you to sustain your productivity after Ramadan.
2. Share greetings for Eid.
3. Give the kids the joy of Eid (new clothes, money, decorating the house, gifts, going to the park, making plans for the day of Eid).
4. Do not forget to pay Zakat al-Fitr, which you can pay from the first day of Ramadan till the last night of it. The sooner you pay it, the better it would be for those who receive it!
5. Do not forget the families with limited income. Although you pay your Zakat al-Fitr, you can still do a few more things which won't cost much, but may make a huge difference for others. Example: buying boxes of sweets, Eid decorations for the house, little toys or even plastic jewellery for the little princesses of the family.
6. As soon as the authorities prove it to be the end of Ramadan, start repeating the Takbir and teach it to the young ones



These are some of my tips for Ramadan, please share yours! I will pray from my heart that Allah accepts all of our good deeds and efforts this Ramadan. Please do not forget me in your du'a.

Other Goals

1. Du'a List: Before Ramadan begins, record a du'a list (in a note taking application like Google Keep, which syncs with Smartphone and desktop web app). You may have some Prophetic du'aas that you've memorized in Arabic, so remember to say those often, but also remember du'aas related to:

- Your Afterlife: The grave, the Day of Judgment, and your final home

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- Bettering Yourself: Your Islamic practice, manners, and habits, your personal, fitness, financial, and professional development.
- Your Family
- The Community
- Those Suffering
- Remember to ask to be forgiven and to have your Ramadan 'ibadah accepted.
- Remember to thank Allah for all that He's given you, both the mundane and the monumental.

2. Help Others Achieve Their Ramadan Aspirations

While you should be busy with your Ramadan worship, you should also keep in mind others in your home may be making life easier for you by taking care of certain shared responsibilities. You should likewise proactively approach a parent, spouse, sibling, or child and see what their Ramadan goals are and how you can help them achieve them.

3. No Arguing

Every single year, arguments about the start and end of Ramadan reach a fever pitch as to which opinion is correct, what methodology some group is following this year as opposed to last year and the politics underlying why all those decisions were made, and then some.

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Suggested Schedule

Salah	Sunnah	Dhikr	Sadaqah	Quran
<ul style="list-style-type: none">- Do all prayers on time and add Duha (mid-day prayer)	<ul style="list-style-type: none">- Do all sunnan (optional prayers) of prayers.-Get up for Suhoor	<ul style="list-style-type: none">-Say Du'a of witnessing crescent the new month.- Plan for 100 istighfar after each Salah 500 daily $\times 30 = 15000$.- Do the same with various types of Dhikr.	<ul style="list-style-type: none">- Call friends/family member to wish them joyous Ramadan.- Pay Sadaqah every day (even if one dollar)	<ul style="list-style-type: none">- Read Juz' a 1, Tafseer (of one ayah)- OR listen to 1 Juz' a.- read 1 hadith and the meaning every day.

Eid al-Fitr plan

The Sunan of Al Eid

It was narrated that Ibn ‘Umar رضي الله عنه and other companions of the Prophet صلى الله عليه وسلم used to take a bath for Eid. [Fath al-Baari]

Proclaim the Takbiraat

Allah is Most Great, Allah is Most Great, there is no god but Allah, and Allah is Most Great, Allah is Most Great and to Allah (alone) belongs all praise.

Jubair ibn Nufair said: “At the time of the Prophet صلى الله عليه وسلم when people met one another on the day of Eid, they would say: ‘Taqabbal Allāhu minnā wa minka (May Allah accept from us and from you).’” [Fath al-Baari]

Eid Prayer

The Prophet صلى الله عليه وسلم and his Companions always prayed the Eid Prayer, and they would gather the community for it including menstruating women, children and the elderly. [Sahih al-Bukhari]

- Wear your best clothes
- Eat dates before the Eid prayer:
- Take a bath: Jabir ibn ‘Abdullah رضي الله عنه said: “The Prophet صلى الله عليه وسلم had a jubbah [garment] that he would wear on Eid and on Fridays.” [Ibn Khuzaymah]
- Anas bin Malik رضي الله عنه narrates that Allah’s Messenger صلى الله عليه وسلم on the day of Eid al Fitr, would proceed to the Eid Prayer only after eating some dates, and he used to eat an odd number of dates. [Sahih al-Bukhari]
- Jabir ibn ‘Abdullah رضي الله عنه narrated that the Prophet صلى الله عليه وسلم used to come back from Eid al-Fitr on a path other than the one he used going to [the prayer]. [Sahih al-Bukhari]
- Recite the Takbiraat abundantly when going for Eid prayers:
- Offer the Eid prayer

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- Go out using one route and come back using another
- Greet one another



Shawwaal plan

Fasting six days in shawaal, continually or separately

Abu Ayyub Ansari" may Allah pleased with him" narrates that Allah's Messenger PBUH said: "Whoever, after completing the fasts of Ramadan, fasts for six days in Shawwaal (every year), he will be rewarded as if he has been fasting for his entire life." [Sahih Muslim]

Please, don't forget me from your Dua

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